

**SKALA GATAL PADA PASIEN *CHRONIC KIDNEY DISEASE*
DI RUANG HEMODIALISA RSUD dr. SOEKARDJO
KOTA TASIKMALAYA**

KARYA TULIS ILMIAH



UNIVERSITAS BTH

ABDUL AZIZ AL MAWARDI

10119028

**PROGRAM STUDI D III KEPERAWATAN
FAKULTAS ILMU KESEHATAN
UNIVERSITAS BAKTI TUNAS HUSADA
TASIKMALAYA
JULI 2022**

ABSTRAK

PROGRAM STUDI D III KEPERAWATAN UNIVERSITAS BAKTI TUNAS HUSADA

Karya Tulis Ilmiah, Juni 2022

Abdul Aziz Al Mawardi

Skala Gatal Pada Pasien Chronic Kidney Disease di Ruang Hemodialisa Rsud dr. Soekardjo Kota Tasikmalaya

Xii + 34 Halaman + 3 Tabel + 0 gambar + grafik + 5 Lampiran

ABSTRAK

Chronic Kidney Disease atau CKD didefinisikan sebagai kelainan organ dan fungsi pada ginjal manusia, dengan penurunan fungsi filtrasi atau tanpa penurunan fungsi filtrasi glomerulus karena kelainan patologis, yang terjadi pertanda ada kerusakan pada organ ginjal. Pruritus uremik atau gatal yang dialami menimbulkan eksoriasis karena terus menerus menggaruk, infeksi, lesi kronis pada kulit, gangguan pola tidur dan memberikan efek negative untuk mental bahkan fisik penderita CKD. Penelitian ini bertujuan untuk mengetahui tingkat gatal pada pasien *Chronic Kidney Disease* di ruang hemodialisa RSUD dr. Soekardjo Kota Tasikmalaya. Menggunakan metode deskriptif kuantitatif. Populasi dan sampel penelitian ini adalah pasien CKD yang menjalani hemodialisa di RSUD dr. Soekardjo Kota Tasikmalaya sebanyak 73 responden dengan menggunakan metode total sampling. Teknik pengumpulan data menggunakan 5-D *itch scale*. Berdasarkan hasil uraian penelitian hasil penelitian dan pembahasan di atas Distribusi Frekuensi Responden Berdasarkan Tingkat gatal pada pasien CKD di dapatkan yang tidak gatal didapatkan sebanyak 15 responden (20.5%) gatal ringan sebanyak 22 responden (30.1%) gatal sedang sebanyak 20 responden (27.4%) gatal berat sebanyak 14 responden (19.2%) gatal tidak tertahankan sebanyak 2 reponden (2.7%)

Kata Kunci : *Chronic Kidney Disease*, Pruritus uremik, Hemodialisa

Daftar Pustaka : 14 buah (2010-2018)

ABSTRACT

**Bakti TUNAS HUSADA UNIVERSITY
D III NURSING STUDY PROGRAM**

Scientific Paper, June 2022

Abdul Aziz Al Mawardi

***Scale Levels in Chronic Kidney Disease Patients in the Hemodialysis Room of
RSud dr. Soekardjo, Tasikmalaya City***

Xii + 34 Pages + 3 Tables + 0 pictures + graphs + 5 Attachments

Chronic Kidney Disease or CKD is defined as organ and puncture abnormalities in the human kidney, with decreased filtration function or without a decrease in glomerular filtration function due to pathological abnormalities, which is a sign of damage to the kidney organs. Uremic pruritus or itching experienced causes exoriosis due to continuous scratching, infection, chronic skin lesions, disturbed sleep patterns and has a negative effect on the mental and even physical health of CKD sufferers. This study aims to determine the level of itching in Chronic Kidney Disease patients in the hemodialysis room at RSUD dr. Soekardjo, City of Tasikmalaya. Using quantitative descriptive method. The population and sample of this study were CKD patients undergoing hemodialysis at dr. Soekardjo Tasikmalaya City as many as 73 respondents using the total sampling method. The data collection technique used a 5-D itch scale. Based on the results of the description of the research results and discussion above, Frequency Distribution of Respondents Based on the level of itching in CKD patients, 15 respondents (20.5%) mild itching, 22 respondents (30.1%) moderate itching, 20 respondents (27.4%) severe itching as many as 14 respondents (19.2%) itching is unbearable as much as 2 respondents (2.7%)

Keywords: Chronic Kidney Disease, Uremic Pruritus, Hemodialysis

Bibliography: 14 pieces (2010-2018)