

**PENERAPAN EDUKASI *TOILET TRAINING* TERHADAP
KESIAPAN PENINGKATAN PENGETAHUAN
PADA IBU DAN ANAK USIA *TODDLER* DI
CILOLOHAN KOTA TASIKMALAYA**

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xiii + 77 halaman + 6 tabel + 14 lampiran

ABSTRAK

Toilet training merupakan proses penting dalam tahap perkembangan anak usia *toddler* (1–3 tahun), yang memerlukan kesiapan fisik, kognitif, emosional, serta dukungan dari orang tua. Penelitian ini bertujuan untuk menggambarkan penerapan edukasi *toilet training* terhadap kesiapan peningkatan pengetahuan anak usia *toddler* di RT 002 RW 008, Cilolohan, Kota Tasikmalaya. Penelitian ini menggunakan metode studi kasus dengan pendekatan asuhan keperawatan. Subjek penelitian terdiri dari dua anak usia 2 tahun dengan pola asuh langsung dari orang tua kandung. Data dikumpulkan melalui observasi sebelum dan sesudah edukasi toilet training selama tiga hari. Hasil menunjukkan adanya peningkatan signifikan pada ketiga aspek yang diobservasi, yaitu perilaku sesuai anjuran, verbalisasi minat belajar, dan perilaku sesuai pengetahuan. Setelah edukasi, anak mulai menunjukkan tanda ingin buang air, mengikuti instruksi, menggunakan kata-kata terkait toilet, serta melakukan langkah-langkah kebersihan diri secara mandiri. Peningkatan ini menunjukkan bahwa edukasi toilet training berdampak positif terhadap kesiapan dan pengetahuan anak dalam proses toilet training. Penelitian ini menyimpulkan bahwa intervensi edukatif secara konsisten mampu meningkatkan kesiapan toilet training pada anak *toddler*. Diharapkan penelitian selanjutnya melibatkan jumlah responden lebih banyak dan durasi observasi yang lebih lama untuk hasil yang lebih representatif.

Kata kunci: *Toilet training*, Edukasi, *Toddler*, Kesiapan anak, Perilaku mandiri.

**DIII NURSING STUDY PROGRAM
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THE APPLICATION OF TOILET TRAINING EDUCATION ON THE READINESS TO INCREASE KNOWLEDGE AMONG MOTHERS AND TODDLERS IN CILOLOHAN, TASIKMALAYA CITY

xiii + 77 pages + 6 tables + 14 appendices

ABSTRACT

Toilet training is an important process in the developmental stage of toddler age children (1-3 years), which requires physical, cognitive, emotional readiness, and support from parents. This study aims to describe the application of toilet training education to readiness to increase knowledge of toddler-age children in RT 002 RW 008, Cilolohan Village, Tasikmalaya City. The research used a case study method with a nursing approach. The research subjects consisted of two children aged 2 years with direct parenting from biological parents. Data were collected through observation before and after toilet training education for three days. The results showed a significant improvement in all three aspects observed, namely behavior as recommended, verbalization of interest in learning, and behavior according to knowledge. After the education, children began to show signs of wanting to relieve themselves, follow instructions, use toilet-related words, and perform personal hygiene steps independently. This improvement shows that toilet training education has a positive impact on children's readiness and knowledge in the toilet training process. This study concludes that educational interventions can consistently improve toilet training readiness in toddler children. Future research is expected to involve a larger number of respondents and a longer duration of observation for more representative results.

Keywords: *Toilet training, education, toddler, child readiness, independent behavior.*