

**PENGETAHUAN CUCI TANGAN PAKAI SABUN 6
LANGKAH SISWA KELAS 1 MIS NURUL FALAH
TASIKMALAYA**

KARYA TULIS ILMIAH



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**PROGRAM STUDI D III KEPERAWATAN
FAKULTAS ILMU KESEHATAN
UNIVERSITAS BAKTI TUNAS HUSADA
2026**

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LANGKAH SISWA KELAS 1 MIS NURUL FALAH
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**Diajukan sebagai salah satu syarat untuk memperoleh gelar
Ahli Madya Keperawatan**

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Karya Tulis Ilmiah, September 2026

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Pengetahuan Cuci Tangan Pakai Sabun 6 Langkah Siswa Kelas 1 MIS Nurul Falah Tasikmalaya

xiv + 72 halaman + 3 tabel + 1 gambar + 21 lampiran

ABSTRAK

Latar Belakang: Mencuci tangan dengan sabun merupakan tindakan sederhana yang efektif mencegah penularan penyakit menular, khususnya bagi anak usia sekolah dasar yang rentan akibat sistem imun yang masih berkembang dan pemahaman kebersihan diri masih terbatas. Studi pendahuluan di MIS Nurul Falah Tasikmalaya menunjukkan mayoritas siswa kelas satu masih kurang memahami prosedur cuci tangan pakai sabun 6 langkah, sehingga fasilitas cuci tangan yang tersedia belum digunakan maksimal. Permasalahan studi kasus ini yaitu sejauh mana pengetahuan siswa kelas 1 MIS Nurul Falah Tasikmalaya mengenai cuci tangan pakai sabun 6 langkah. **Tujuan:** Studi kasus ini bertujuan mengidentifikasi pengetahuan siswa sebelum dan setelah edukasi kesehatan. **Metode:** Metode bersifat deskriptif dengan pendekatan pre-test dan post-test, melibatkan 29 siswa kelas 1 sebagai subjek, menggunakan kuesioner sebagai instrumen pengumpulan data yang diolah melalui analisis deskriptif kuantitatif. **Hasil:** Hasil menunjukkan bahwa sebelum edukasi, sebagian besar subjek berada pada kategori cukup sebanyak 15 orang (52%), sementara setelah edukasi, subjek kategori baik meningkat menjadi 26 orang (90%). **Kesimpulan:** Edukasi kesehatan mengenai cuci tangan pakai sabun 6 langkah berhasil meningkatkan pengetahuan siswa secara signifikan. **Saran:** Bagi peneliti selanjutnya, disarankan menyediakan sesi edukasi tambahan bagi siswa yang berhalangan hadir, memperbanyak subjek agar hasil lebih representatif, serta mengkaji lebih mendalam perubahan sikap dan kebiasaan cuci tangan setelah edukasi.

Kata Kunci: Cuci Tangan Pakai Sabun Enam Langkah, Edukasi Kesehatan, Pengetahuan, Siswa Sekolah Dasar.

***D III NURSING STUDY PROGRAM
FACULTY OF HEALTH SCIENCES
BAKTI TUNAS HUSADA UNIVERSITY***

Scientific Paper, September 2026

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***Knowledge of the 6-Step Handwashing with Soap Among First-Grade Students
at MIS Nurul Falah Tasikmalaya***

xiv + 72 pages + 3 tables + 1 figure + 21 appendices

ABSTRACT

Background: Handwashing with soap is a simple action that is effective in preventing the transmission of infectious diseases, particularly among elementary school-aged children who are vulnerable due to their developing immune systems and limited understanding of personal hygiene. A preliminary study at MIS Nurul Falah Tasikmalaya found that the majority of first-grade students still had limited knowledge of the six-step handwashing with soap procedure; therefore, the available handwashing facilities had not been used optimally. The problem addressed in this case study was the extent of first-grade students' knowledge regarding the six-step handwashing with soap procedure at MIS Nurul Falah Tasikmalaya. **Objective:** This case study aimed to identify students' knowledge before and after health education. **Methods:** This study used a descriptive method with a pre-test and post-test approach, involving 29 first-grade students as subjects. Data were collected using a questionnaire and analyzed through descriptive quantitative analysis. **Results:** The results showed that before the health education intervention, most subjects were in the moderate knowledge category (15 students; 52%), whereas after the intervention, the number of subjects in the good knowledge category increased to 26 students (90%). **Conclusion:** Health education on the six-step handwashing with soap technique successfully improved students' knowledge significantly. **Suggestion:** Future researchers are encouraged to provide additional educational sessions for students who are absent, involve a larger number of subjects to obtain more representative results, and further examine changes in students' attitudes and handwashing practices after health education.

Keywords: Elementary School Students, Health Education, Knowledge, Six-Step Handwashing with Soap.